

5. Fasten and Position the Seat Belts

Using a Lap/Shoulder Belt

Insert the latch plate into the buckle, then tug on the belt to make sure the belt is securely latched. Also check that the belt is not twisted, because a twisted belt can cause serious injuries in a crash.



Position the lap part of the belt as low as possible across your hips, then pull up on the shoulder part of the belt so the lap part fits snugly. This lets your strong pelvic bones take the force of a crash and reduces the chance of internal injuries.

If necessary, pull up on the belt again to remove any slack from the shoulder part, then check that the belt rests across the center of your chest and over your shoulder. This spreads the forces of a crash over the strongest bones in your upper body.

⚠ WARNING

Improperly positioning the seat belts can cause serious injury or death in a crash.

Make sure all seat belts are properly positioned before driving.

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